

# justis

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## Artificial intelligence and the shadow

**M**any people have asked me to comment on the nature of the shadow and its instigation. I have been battling over how to put this into words as the topic is so diverse and complex.

I certainly didn't know where to begin. That is, until yesterday. Being so busy, I might be a bit slow keeping up with the latest movies, but I finally got a chance to see the Spielberg movie, AI, which stands for artificial intelligence.

To begin with, I could not believe what I was seeing. Within this movie is the very heart and soul of what is inside every human being. For those of you who have seen the movie, and for those who have not, I suggest you make an effort to watch it again. Contained within is a message for Humanity so enormous, that I doubt whether the full impact of it will be given merit for several years.

The movie is about the eternal child within us all, the eternal love within us all, and the soul.

That eternal child knows nothing but love and the need to receive it. It outlines the very nature of our soul and also blatantly shows the shadow and its workings. The shadow, or our dark side, is a complex

beast; equally as complex as the light side. Yet, its workings have been the subject of so many doctorates, dissertations and discourses that most have inevitably given up the search, as the effects of going into the shadow world are obvious and immediate.

Think of the shadow as the eternal child. It wants nothing more than attention. Serious attention. If you hold the vision of the shadow as being that child, not only is it much easier to deal with, but it gives

you the ability to be able to learn from it as well. The more you are able to sit with the Child and hear what it is trying to say, the more you will find that it begins to expose its gifts to you. These gifts will no doubt enrich and empower your life.

The pain that is currently locked within the

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world of the shadow is enormous. It comes out in your daily life, in emotions like disappointment, doubt, fear, separateness and boredom. There are many more qualities than those listed, but these are some of the more obvious. When you deny that the shadow is an integral part of your very life, it comes forward in ways that appear to attack you, basically in a need for attention. Think of a child. When it is angry, it screams. When it is happy, it laughs. The same can be said of the shadow. Its world is purely impulsive and reactive, based on what it feels it has or hasn't got.

When you are able to begin incorporating your shadow into your life, invariably things will start happening. You might have been cruising along and everything is going okay. Then, all of a sudden - bang! Something happens. This could be either a good or a bad thing. One of the misconceptions I feel people have is that in order to deal with your shadow it means donning your Satan worshipping gear and running naked under a dark moon to bring it out. The shadow can and often does gain your attention in order to achieve something positive.

Have you ever had the feeling when something really good happens that you cannot experience it to its fullest? Have you felt those slight pangs of, "Oh, am I worthy?" or, "I have to be grateful now for this positive thing, otherwise I will lose it?" Or perhaps even, "In being given this amazing positive gift, am I being tested?" Welcome to Shadow world. The number one reason the psyche goes into a spin, and this is proven in many psychological circles, is in fact, not a negative occurrence at all. The number one reason people seek counselling, which I found shocking when I discovered it, is gaining a lot of money or prestige in a short time period. Imagine being in a position where you had nothing, and then all of a sudden you have everything. Most of us believe that we would be able to handle it, but apparently not.

I was amazed when I discovered this fact, as it sums up a lot of what is happening within our psyche on the planet right now. This is a time when

all of the powers and mysteries of spirit are becoming available to us. The answers to the great mysteries we have so longed for are now rapidly flooding in. It is exactly like having nothing and then all of a sudden having everything, delivered to us at top speed. This gifting from above has bought out a great amount of shadow in response. All of a sudden there is competition for information; who got what first, and how. There are inherent feelings of specialness and righteousness. The shadow is coming to the forefront for recognition, and it is doing so in a way so magnificent that it is largely going undetected.

The way to begin incorporating the shadow is simple. First, it involves being attentive. Imagining that this shadow is a child will help you to better incorporate it. Now your child might tell you to go off and murder an entire village of innocent people. But remembering that your light is on automatic, you will not be able to do that. You may think it, but your inner light comes on straight away and advises you against it.

In some people that inner light has been completely denied. The natural voice of conscience has been drowned out by the internal screamings of the child that has never been given what it wants - simple attention. If you sit for a moment, go into yourself and ask for the shadow child to come forward, you are well on your way to stopping it from manifesting in your daily life out of unconsciousness and avoidance. This is the most super human child in the Universe. It will get what it wants, one way or another. It simply wants someone to listen to it, someone to be there, whether it is in pain or in distress. Once it has that person, you, its other half, the conscious half of you on its side, it will offer eternal dedication and loyalty, and become a solid part of your being, intent on attracting full experiences of substance and delight. The ultimate gift will be your dark and light working together.

Watch AI and be ready for a journey and a half into the pain of forgetting this valuable part of you.